

# YOUTH in ACTION

## Youth in ACTION for change

101096845

# MANIFESTO

# CITY OF TURIN

## SUDANESE COMMUNITY

### INTRODUCTION

Adopt a non-judgmental and listening attitude towards all people on this subject, prioritizing dialogue, respect, and the protection of people's rights. Involve the youth of the community by creating moments of dialogue, listening, and discussion on topics concerning community health.

- 1 **Talk** to families about female genital modifications/mutilations (M/MGF) (parents, siblings). Especially with mothers, grandmothers, and mothers-in-law also in Sudan.
- 2 **Talk** to friends about M/MGF even during festive and meeting moments; help them use dedicated services.
- 3 **Organize** information sessions with health and social experts on women's health (e.g., gynecologists, midwives).
- 4 **Involve** men from the community to discuss these topics and understand their viewpoints.
- 5 **Create** informational material on M/MGF and women's health also in Arabic and create video materials for those who cannot read (audio in Arabic).
- 6 **Train** and involve community representatives to discuss M/MGF.
- 7 **Organize** events to introduce Sudanese culture and within this, discuss women's health, involving youth and adults.
- 8 **Communicate** with institutions to create spaces where women can meet and talk. Establish agreements and pacts with institutions to build alliances to address M/MGF together.
- 9 **Talk** to all communities. The whole world must be involved.
- 10 **Strive** to ensure education for girls and education on women's health. Mothers should talk to their daughters.

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